

Adenomatoid Odontogenic Tumor of Maxillary Sinus

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ABSTRACT

Adenomatoid odontogenic tumor (AOT) is an uncommon tumor of odontogenic origin, constituting only 3% of all odontogenic tumors. AOT is characterized histologically by the formation of duct-like structures with amyloid-like deposits.

An 18-year-old male presented with right cheek swelling. CT scan revealed well-defined expansile heterogeneous mass with central hypodensity. Patient underwent excision of the mass by Caldwell-luc approach and histopathologically the diagnosis adenomatoid odontogenic tumor was made. Since it is a benign tumor, the treatment should consist of enucleation and curettage.

Keywords: Adenomatoid odontogenic tumor, Caldwell-luc, Ameloblastoma.

INTRODUCTION

Adenomatoid odontogenic tumor (AOT) is an uncommon tumor of odontogenic origin, constituting only 3% of all odontogenic tumors.^{1,2} It was first described by Stafne in 1948.² AOT is characterized histologically by the formation of duct-like structures with amyloid-like deposits. It was not until 1971 that the WHO adopted the term “adenomatoid odontogenic tumor”³ to describe this entity, as had been proposed by Philipsen and Birn.⁴ In the latest edition of WHO classification of odontogenic tumors in 2005, AOT was classified into the first group of tumors (odontogenic epithelium without ectomesenchyme) instead of the second group (odontogenic epithelium with ectomesenchyme)⁵ Because of the absence of ectomesenchyme in immunohistochemical staining and dysplastic dentin, AOT is now considered the result of a metaplastic process rather than epithelial-ectomesenchyme interaction.⁶ In this paper, we present a case of adenomatoid odontogenic tumor affecting the right maxillary region in a 16-year-old male. The authors also discuss clinical, radiographic, histopathologic and therapeutic features of the case.

CASE REPORT

A 18-year-old male was referred to the department of otorhinolaryngology and head and neck surgery, Postgraduate Institute of Medical Education and Research,

Chandigarh, India for evaluation of right side maxillary swelling. The medical history was insignificant. The patient was asymptomatic except facial swelling and was in good general health. Clinical examination showed facial asymmetry with a single 4 × 4 cm swelling on right side of face. The swelling had ill-defined margins with normal overlying skin. On palpation, the swelling was bony hard and nontender. Intraoral examination disclosed a nontender expansion of the left maxilla, covered by normal mucosa. Teeth were nontender on percussion. CT scan showed well defined expansile heterogeneous tumor mass with central hypodensity occupying right maxillary sinus (Fig. 1). A provisional differential diagnosis of dentigerous cyst/ calcifying odontogenic cyst was considered.

Patient underwent excision via Caldwell-luc approach. The anterior wall of maxilla appeared to be thinned out but was intact. A reddish, bulky, cystic tumor became evident after removal of the anterior wall of maxilla. There was no apparent infiltration of the surrounding bones. The right upper canine tooth was completely embedded in the tumor. Cross examination of the specimen showed a single grey-brown spherical mass measuring 5 × 5 cm. Cut section revealed a cyst with wall thickness of 0.1 to 0.5 cm with an impacted canine tooth. Postoperative period was uneventful. Patient does not have any signs of recurrence and is on regular follow-up.

Histological examination revealed a partly cystic and partly solid tumor. The cyst was lined with hyperplastic ameloblastic epithelium with basal palisading (Fig 2A). At places, this lining was dispersed in form of nodular islands forming duct-like structures and glands (Figs 2B and C). The glandular structures at higher magnification revealed tall columnar lining epithelium without significant nuclear atypia (Fig 2D). In addition, focally there was deposition of hyaline material in between the glandular structures. No mitotic figures or necrosis were identified. The features were of an adenomatoid odontogenic tumor (Figs 2A to D).

DISCUSSION

AOT had been initially described and classified as a variant of the ameloblastoma^{7,8} named an adenoameloblastoma, adenoameloblastic odontoma, pseudoadenomatous ameloblastoma, cystic complex composite odontoma, unusual pleomorphic adenoma like tumor, ameloblastic adenomatoid tumor, odontoameloblastic tumor, odontoameloblastic odontoma, tumor of enamel organ, ameloblastic epithelial tumor and tumor connected to development cysts.⁹ Pindborg named it adenomatoid odontogenic tumor (AOT), classifying it as an odontogenic epithelial tumor presenting inductive effect at the connective tissue.¹⁰

There are three clinicopathologic variants of AOT, namely intraosseous follicular, intraosseous extrafollicular and peripheral, all with identical histology. The follicular type is a central intraosseous lesion associated with an impacted tooth, while extrafollicular intraosseous AOT has no relation with an unerupted tooth. In spite of this, it is often located between, above or superimposed up on the

roots of adjacent erupted teeth. The peripheral variant appears as a gingival fibroma or epulis attached to the labial gingival.¹⁰

The follicular and extrafollicular variants account for 96% of all AOT cases (of which 71% are follicular). Both intraosseous and extraosseous forms are distinguished. The subtyping of AOT is based on clinical and radiological findings. The follicular (intraosseous) type is by far the most frequent growth type of AOT.¹¹ Follicular and extrafollicular variants together are more commonly found in the maxilla than in the mandible (2.1:1 ratio). More than two-thirds are diagnosed in the second decade, mostly in the 13 to 19 years age group. The female:male ratio is 1.9:1.¹⁰ Even higher ratios are found in Asian populations, the highest incidence being observed in Sri Lanka (3.2:1)¹² and Japan (3:1).¹³

The tumor is usually associated with unerupted teeth, frequently canines or lateral incisors. Irregular root resorption is seldom reported.^{1,14} The patient we describe in this report also presented resorption of the upper left lateral incisor and first premolar, together with impaction of the canine. Radiologically, it should be differentiated from dentigerous cyst, which most frequently occurs as a pericoronal radiolucency in the jaws. Dentigerous cyst encloses only the coronal portion of the impacted tooth, whereas AOT shows radiolucency usually surrounding both the coronal and radicular aspects of the involved tooth.¹⁵

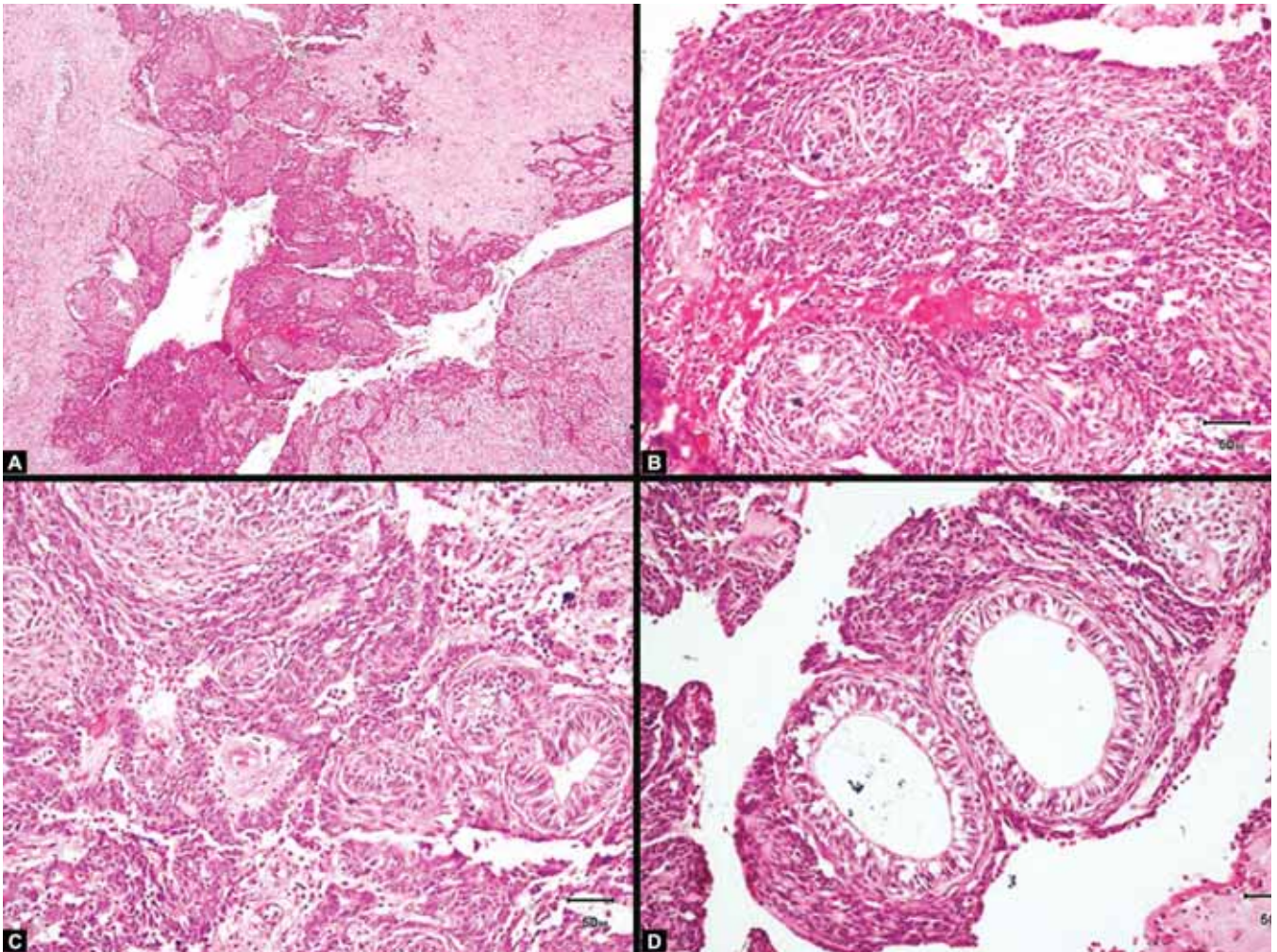
Common neoplastic causes, such as ameloblastoma, calcifying epithelial odontogenic tumor (CEOT), ameloblastic fibroma and ameloblastic fibro-odontoma are easily differentiated on histology. CEOT shows larger and more numerous calcifying spherules within eosinophilic cytoplasm of large cells along with smaller cells with hyperchromatic nuclei. Amyloid-like eosinophilic material is also present. Ameloblastoma has characteristic lining and arrangement with stellate reticulum besides usual location in mandible and posterior maxilla in contrast to AOT that is located in anterior maxilla.¹⁶ Areas of CEOT-like tissues have been described in classic AOT.

Immunohistochemical and ultrastructural findings have shown that the eosinophilic deposits (amyloid-like material) most probably represent some form of enamel matrix. The histogenesis of AOT is still uncertain, although recent findings strongly indicate that AOT is derived from a complex system of dental laminae or its remnants.¹⁷ It is often considered as a hamartomatous lesion rather than a true neoplasm.¹⁷

A review of the literature depicts a lesion in which conservative management produces a uniformly excellent outcome without recurrence.^{18,19} Since adenomatoid odontogenic tumor (AOT) is a benign tumor that presents with a nonaggressive biologic behavior, progressive growth,



Fig. 1: Noncontrast computed tomography (axial cut) shows heterogeneous soft tissue density with expansion of bony walls of right maxillary sinus



Figs 2A to D: (A) The cyst showing a lining composed of hyperplastic ameloblastic epithelium with basal palisading (original magnification, H&E \times 40), (B and C) Hyperplastic epithelium dispersed in form of nodular islands, center of which shows glands arranged in back to back configuration (original magnification, H&E \times 200), (D) Glandular arrangement of cells with lining of tall columnar cells (original magnification, H&E \times 400)

small frequency of recurrence, absence of invasion and the frequent presence of a connective tissue capsule, the treatment should consist of enucleation and curettage.^{20,21} Only a few reports deal with recurrent AOT and all are from Japan.¹⁸ The patient we described in this case report is healthy, without recurrence, and is under follow-up after local excision.

CONCLUSION

The large size of these lesions supports the classification of AOT as a benign neoplasm and not a hamartoma. By definition, a neoplasm has an unlimited growth potential, whereas hamartomas have a limited growth potential and differentiate into more mature tissue with time. It should be differentiated from ameloblastoma. Ameloblastoma has characteristic lining and arrangement with stellate reticulum besides usual location in mandible and posterior maxilla in contrast to AOT that is located in anterior maxilla.

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